

Floral After School Activities Program (ASAP) March 2016 Course Selections

- Classes meet at Floral from 3:30-4:30 for 5 weeks
- Classes start the week of March 7th and end the week of April 4th
 - The cost of each course is \$30
- Space is limited, registration will be accepted on a first come, first serve basis
 - Do not send payment until you receive a confirmation email
 - If accepted, payment and permission slip will be due by Friday, March 4th
 - Financial assistance is available upon request

Click here to pre-register:

http://goo.gl/forms/TrfF4nUWbz

ASAP course: Team Sports Club

<u>Dates</u>: Wednesdays – March 9, 16, 23, 30 & April 6

Instructor: Ms. Smith

Open to students in grades: 1 & 2

<u>Course Description:</u> "I Like to Move It, Move It". Let's play! Team Sports Club is geared for the kids who just want to get some exercise by playing sports games afterschool with their friends. Each week we will break up into teams and just play. Sports such as floor hockey, basketball, volleyball, kickball, whiffleball and indoor soccer will be offered.

ASAP course: Calm Kids Club: Yoga and Coloring

Dates: Wednesdays - March 9, 16, 23, 30 & April 6

Instructor: Ms. Demoga and Ms. Margiano

Open to students in grades: 1-4

Course Description: In the "Calm Kids Club" students will engage in calm down activities that will help them to unwind after a busy school day. Each class will begin with practicing basic yoga poses and breathing techniques suitable for school aged children. The remainder of the class will be spent using mandala coloring books to promote relaxation and self-expression.

ASAP course: Reader's Theatre

Dates: Wednesdays - March 9, 16, 23, 30 & April 6

Instructor: Ms. Ushinski

Open to students in grades: 2, 3 & 4

<u>Course Description</u>: Everyone loves the stage! This program offers students the chance to choose different reading selections and bring them to life through expression of voice and body. Reader's Theatre promotes working partnerships, strengthens comprehension, and increases fluency. Furthermore... IT'S FUN! Participants will perform their piece for an audience on *the last afternoon of class* (4:30-5:15 PM).

ASAP course: Simply Science

Dates: Thursdays – March 10, 17, 24, 31 & April 7

Instructor: Mrs. Beall

Open to students in grades: 3 & 4

Course Description: Sharpen your skills of inquiry and get ready to think like a scientist. Each week we will explore a new science concept and experience a hands on activity. Curiosity about the world around you is required!

ASAP course: Let's Dance!

Dates: Thursdays - March 10, 17, 24, 31 & April 7

Instructor: Ms. Finn

Open to students in grades: 1, 2, 3 & 4

<u>Course Description:</u> An introduction to movement! We will begin to explore different types of movement and dance styles from Zumba, jazz, ballet, hip hop and more.

ASAP course: Cribbage & Cards

<u>Dates</u>: Thursdays – March 10, 17, 24, 31 & April 7

Instructor: Ms. Spangenberg

Open to students in grades: 3 & 4

Course Description: Would you like to grow your brain by learning a traditional card game? Cribbage is an exciting race to the finish between partners. It uses mental math strategies to find combinations of points. Cribbage was invented by the British over 300 years ago. You don't need to know how to play card games to sign up for this course. If you're a current third or fourth grader at Floral Street School, join in the fun with Mrs. Spangenberg and build your math skills in the process. Note: Students who participated in the previous Cribbage and Cards class are welcome to enroll. They will build on the skills they gained in the first session.

ASAP course: Marbling on Paper, the old fashioned way; and making hand-made Paper from scratch using pulp

Dates: Thursdays - March 10, 17, 24, 31 & April 7

Instructor: Mr. Wilson

Open to students in grades: 3 & 4

<u>Course Description</u>: This is so much fun! Students will use marbling techniques from Colonial America to marble paper. A book cover will be made from this marbling. Next students will make their own paper from paper pulp. This paper will be used as sheets for the book and also for a 3D paper sculpture.

Please direct all questions to: Karen Isaacson Director of Extended Learning, 508-841-8727 <u>kisaacson@shrewsbury.k12.ma.us</u>